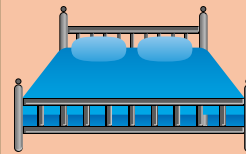


# Top tips for greening your home...



Grow some of your own food.  
Buy items made or grown locally.

Insulate the home – in the loft, walls, and double glazed windows. Consider using wallpaper. Many companies now offer wallpaper which acts as insulation, which you can put onto your walls and then cover with your chosen design.



Switch to low flush toilets or order water saving devices from Anglian Water.

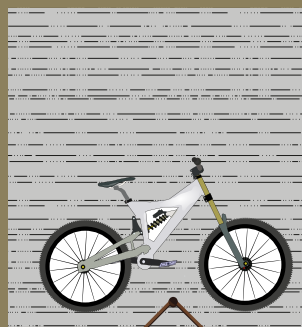


Don't forget to turn off your TV and do not leave it on standby.



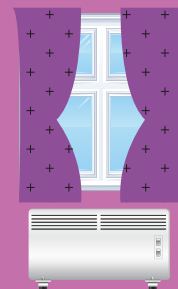
## Top tips to help you green your home...

Many homes in Peterborough are already taking steps to reduce their carbon footprint. Here are some simple steps you can take which will make a real impact on the environment.



Harvest your rainwater in a water butt. Lag the hot water tank and piping.

Use bicycles and public transport instead of cars for short journeys.



Make sure that your curtains are not covering your radiator and therefore sending the heat into the room instead of sending the heat out through your windows. Set your thermostat between 18-21 degrees.



Use eco-cleaning products.

Avoid purchasing products with excess plastic packaging.

Compost your kitchen and garden waste and recycle.

Shop around for your energy supplier to get the best deal.