



## Time for Action - Time for Change!

The sun has now set on the COP26 Climate Conference and this is now our chance to maintain the momentum of the event by assessing what we are doing in our everyday lives.



As teachers we want to give our students the best possible chances in life through education and experiences. Our children are telling us we need to change and as such we need to listen to their views and make the changes needed.

Individuals across the world are starting to make this happen but they can't do it on their own, we need to work together to have the biggest impact of all. Have you looked at the sustainability of your school recently? Schools are the ideal place to start - the impact it has on the local community and the number of people you reach every single day from staff, to students and to parents is a huge ripple and is vastly understated.

Therefore, I am calling on you to stand up and be counted, PECT are here to support schools in the answer to - what can your school do to make a difference?



Best wishes,  
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# FREE Fox's Waste Adventure Resources



PECT are

offering Peterborough primary schools free copies of *Fox's Waste Adventure* activity book and secondary schools a downloadable version,

to help future leaders learn more about reducing waste and increasing recycling.

The booklet — made from recycled paper — encourages children to help Fox reduce, reuse and recycle. It is full of upcycling challenges, craft ideas and educational games. Once completed, each page can be reused for another fun purpose. Included in this offer are free digital activities for lessons, games and crafts. The team are also offering primary schools a recycling workshops to further embed Fox's Waste Adventure.

**Fox's Waste Adventure won't be around forever, as there are limited numbers of physical copies available, so apply for yours now!**

[Apply for yours today](#)



## Free Fuel Poverty Awareness Training

As the nights are drawing in, our thoughts turn to winter and how we will heat our homes. There is a growing concern of the impacts of cold on the most vulnerable in

our communities.

Over the coming months PECT are offering key professionals including schools and teachers access to free training, so you can support your families most in need.

The training is delivered via video link, so it's great for allowing people to log in from home or their workplace, it lasts for 30 minutes to an hour and can be delivered as part of an existing team meeting or as a stand-alone session.

The training covers the following topics:

- What fuel poverty is, how it can affect health and how to spot it
- The priority service register
- Switching energy supplier or tariff
- The current energy crisis

- Energy efficiency advice
- Advice about home improvement grants
- How to apply for fuel debt relief if you live in Cambridgeshire
- Condensation and damp
- Local services to refer to for help

To find out more or to book contact [karen.igho@pect.org.uk](mailto:karen.igho@pect.org.uk)

## NEW Energy Wastebusters Bootcamp film

From the creators of Switch Off Fortnight, The Pod have created a brand new resource to help explain what climate change is and its effect on our planet.



We all know the climate emergency is real and that we need to do something about it. But where do you begin? And what do terms like 'greenhouse effect' and 'net zero' really mean?

This new film explaining the link between saving energy and climate change is also backed up with teaching resources which are ideal as a follow up to Switch Off Fortnight and COP26.

Follow Roach, a space cockroach from the Intergalactic Waste Federation, on a mission to find out how saving energy can help combat climate change. Watch his attempts to put energy-saving advice into action –and find out if he comes out on top in the battle to reach net zero against his nemesis, the evil Baron Von Binhausen.

[Watch the film](#)



## Gardening Jobs for November

It may be cold outside but there is still lots of things you can be doing to winter-proof your school garden and prepare for the cold frosts to

come.

The RHS School Gardening programme can support you in understanding your outdoor space to ensure you are looking after it through the changing seasons. If your school has not already signed up then you're missing a

trick! With lots of guidance and support in everything gardening, there is something for every school garden from the planning stages to becoming a gardening ambassador.

And if you need some funding to get your garden started your school can access the new RHS Connected Communities Fund, providing grants of between £1,000 and £3,000 to groups who are using gardening and growing as a way to bring people together within their community.

[Top 10 jobs for November](#)

[Find out about funding](#)

## Ultimate STEM Challenge: My net zero community



**This year BP's Ultimate STEM Challenge - My Net Zero Community, invites young people to look at the things they can do locally and to use science and technology to come up with a net zero plan.**

Arm your pupils with the scientific knowledge and conceptual understanding of what net zero is, why is it so important and how science is at the heart of this solution.

A range of free curriculum-linked resources are available to inspire pupils' creativity and innovation, and build science capital. The challenge is open to ages 9-14 and there are differentiated resources for primary and secondary years, including:

- Easy to use teachers notes
- Inspiring video lesson
- Challenge summary
- Interactive PowerPoint lesson
- Activity sheets and homework tasks
- Competition leaflet

These resources will help pupils think about how we can all make a positive impact on our communities and the environment, and come up with their own design/idea to enter this year's competition.

[Get yours now](#)

## Bringing Schools & Food Production Together



LEAF Education, in partnership with members, works to engage, inspire and motivate young people through experiential learning, in order to equip future generations with balanced and informed insight into food production, farming and the environment.

**They work across the education and agricultural sectors to mobilise farmers and educators to bring a learning context and embed an appreciation of farming into everyday life.**

Leaf have released a number of brand new resources with key partners such as Tesco, Sainsbury's and Quaker Oats to ensure that students are still able to access meaningful and essential learning experiences even if schools are unable to get out to farm in person.

[Find out more](#)

## The Magic Of Reading

Do you want something different to inspire your students reading?

The Magic of Reading is an original 40 minute show designed for primary schools, to celebrate and promote a passion in reading. The show uses a formula of engaging, professional quality and targeted entertainment to promote 4 key reading statements -

- Reading makes you **Strong**
- It takes **Time**
- **Everybody** is different
- It is **Fun**

This is anchored using the anagram STEF, which is the name of the book character which ties all of the themes together.

The performance offers something to inspire children to love reading, which brings a special, fun and unique experience to your school!

Here's what some local school had to say about their experiences -

***“The best presentation I have seen in over 30 years of teaching. Fantastic content, fabulous message and amazing fun. The children are now buzzing about books” Mrs Tomlinson. Ancaster Primary School.***

***“Thank you Jason on behalf of Castor C of E Primary School, I loved the message for the children behind the show and your magic was***



*amazing. I would recommend to any school looking at raising the profile of reading”* Claire Pickett, Chair of Castor C of E Primary School Parents and Teachers Association.

Get in touch



## New Community Matters Resources

Community Matters is an exciting new free resource from the Archbishop of York Youth Trust providing activities and ideas to help pupils explore why community matters and how children and young people can play their part in creating positive change, particularly as we rebuild our communities post-Covid restrictions.

Available for KS1, KS2 and KS3 there are two packs focusing on **Social Issues** and **Environmental Issues** with a range of activities designed to ignite, inspire and empower young people to make community matter and explore what it means to live in the wider world, as active citizens.

This can also be combined with their Young Leaders Award, as the resources provide great supporting ideas for helping pupils develop their leadership skills and character.

Find out more

## Generation Wild - Free Support, Resources & Visits for Schools & Families

Generation Wild from the Wildfowl & Wetlands Trust will be aiming to connect 45,000 children and their families with nature, creating a generation that will carry forward a life-long love of the natural world.

Evidence shows that connecting with nature makes children feel happier, increases their self-esteem and improves their behaviour as well as their physical and mental health.

Children from disadvantaged communities often have fewer opportunities to connect with nature. Through Generation Wild, they will work with



schools, children and families in these communities to inspire the next generation of nature lovers.

Qualifying schools will get -

- A **free school visit** for your class (suitable for ages 5-11) to a wetland centres (**including free transport**)
- A **free family visit** for every child in your class and their family
- School and family access to a **website containing nature-connection activities** for every season
- **Curriculum resource packs** with activities linking to the project
- **Specially-designed certificates and badges** for the children
- A chance to **win the construction of a mini-wetland** in your school grounds

[See if your school qualifies](#)



## Climate Action Farm In A Box

Climate Action Farm in a Box is a free, hands-on

learning programme that builds connections between farming, the food we eat and climate change.

### The Farm in a Box principles:

- **Learn - Strong curriculum links and irresistible learning**
- **Grow - Hands on, collaborative and sensory education**
- **Thrive - Opportunities for every child to succeed**

Climate Action Farm in a Box supports teachers and KS2 children to find out about climate change; what is it, why is it a problem and how we can make a difference.

The Box explores the relationship between the food we eat and greenhouse gases, and how farms have an important part to play in tackling climate change.

**Boxes are limited and will go quickly!**

[Get your box](#)

## Adopt A School

Adopt a School, helps children to develop healthy eating habits and encourages an enthusiasm and interest in food, cooking, food provenance and sustainability, as well as giving an insight into the hospitality industry.



Adopt a School relies on professional chefs and hospitality professionals volunteering their time to deliver food education in primary schools across the country. The chef typically delivers three sessions in a school year to one year group, ranging from taste and sensory to practical cookery, bread-making and front of house. The lessons are designed to teach children the basics of food and cookery without the need for cooking facilities – which most primary schools lack. All that is required is the classroom.

[Register your school](#)



## Cultural Healthy Eating - FREE Training

The UK consists of a diverse population with roots from all across the globe.

Building awareness of respective food cultures helps us to understand the culinary history and importance of the wide range of foods that have become increasingly available. Exploring different flavours, ingredients and cooking techniques can help boost confidence in the kitchen, which can underpin a healthy, varied diet. This also supports an inclusive classroom, where food becomes a common language and shared experience for students.

Join the Food a Fact of Life webinar at **4.30pm** on **1 December 2021** as Georgine Leung, shares her insight around engaging with pupils from different cultural backgrounds. Ewen Trafford, British Nutrition Foundation, will also be on hand to answer any general healthy eating questions

[Register for the event](#)

**Congratulations -  
Orton Wistow  
Primarty School**

**Orton Wistow Primary School in Peterborough - are the most recent school to achieve both the Food Smart and Healthy Schools Bronze Awards.**



The commitment to embedding a whole school approach to health and wellbeing throughout the school has been impressive and the process of achieving these two awards has helped the staff to recognise and celebrate all the good work that they are doing currently and have plans to do in the future.

Participation in the Food Smart programme has especially impacted on the children's knowledge of how to keep healthy, both in terms of exercise and the importance of what they eat. To quote the lead teacher: "The children have learned that not all food that is advertised as "healthy" is and they have made links between exercise and a healthy diet. Parents and carers also have more understanding of how to help at home."

The framework of the Healthy Schools award also supports schools to meet the DfE's statutory guidance on health education and to identify the areas for both short and long-term development. The process is a journey towards establishing initiatives and creating opportunities for both the staff and students to consider the importance of their physical and mental health and so make more positive choices.

Additionally, Orton Wistow Primary has successfully established a dedicated tab on its webpage to health and wellbeing which simply reflects the dedication of the school to this agenda. Take a look here:

[Orton Wistow Primary School - Mental Health and Wellbeing News \(owps.org.uk\)](https://www.owps.org.uk/news/orton-wistow-primary-school-mental-health-and-wellbeing-news)

**Inspired - Take your steps towards being a Healthy School**

## Upcoming Events

### Dates for your Diary

**November 27th - December 5th** - Road Safety Week

**December 1st** - Tree Dressing Day

**December 5th** - World Soil Day



**January** - Veganuary

**January 5th - January 22nd** - RSPB Big School Birdwatch

**February 7th - 13th** - Childrens Mental Health Week

**February 7th - 13th** - Student Volunteering Week

**February 21st - March 6th** - Fairtrade Fortnight

**March 3rd** - World Book Day

**March 3rd** - World Wildlife Day

**March 7th - 11th** - National School Breakfast Week

**March 10th** - International School Meal Day

**March 11th - 20th** - British Science Week

**March 18th** - Global Recycling Day

**March 21st** - International Day of Forests

**March 21st - 27th** - National Tree Week

**March 22nd** - World Water Day

**March 26th** - WWF Earth Hour

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